








December 2025

UPCOMING EVENTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Medicare Mondays: <i>Learn about your Medicare options</i> 10:00 AM - 11:00 AM Rebels with a Cause: <i>Join us to assemble bags of hope</i> 12:30 PM - 2:30 PM Just for Fun Games 1:00 PM - 3:00 PM	2 Sales Seminar: <i>SCAN Medicare Advantage Plans for 2026</i> 10 AM - 11:00 AM Crafting for a Cause 11:30 AM - 1:30 PM Cafe Game Time 11:30 AM - 4:00 PM	3 Jazzercise with Chelsea 10:00 AM - 11:00 AM Wellness Wednesday: <i>Doc Talk with Dr. Aguilar</i> <i>Learn More about Arthritis</i> 12:00 PM - 1:00 PM Craft & Color Corner 11:30 AM - 3:00 PM Origami with Avie 2:00 PM - 3:00 PM	4 Sales Seminar: <i>SCAN Medicare Advantage Plans for 2026</i> 10:00 AM - 11:00 AM Cafe Game Time 11:30 AM - 3:00 PM Chair Yoga with Chelsea 1:00 PM - 2:00 PM Mat Yoga with Chelsea 2:30 PM - 3:30 PM	5 Holiday Health and Bingo with Astrana 10:00 AM - 11:00 AM Cafe Game Time 11:00 AM - 4:00 PM Movie and Popcorn: <i>Red One (2024)</i> 1:00 PM - 3:00 PM Review your Medicare Plan with a Professional 3:30 PM - 4:30 PM
8 December Birthday Social: <i>Winter Wonderland Waltz</i> 10:00 AM - 11:00 AM Mindful Meditation Breathing with CareMore 10:00 AM - 11:00 AM Just for Fun Games 1:00 PM - 3:00 PM	9 Solve all your Tech Problems with Nash 10:00 AM - 11:00 AM Crafting for a Cause 11:00 AM - 3:00 PM Cafe Game Time 11:00 AM - 4:00 PM	10 Jazzercise with Chelsea 10:00 AM - 11:00 PM Healthy Cooking Demo w/ Chef Travis: <i>Fighting Inflammation w/ Clean Foods</i> 11:00 AM - 12:00 PM Eating Well Through the Golden Years w/ CareMore Health 1:00 PM - 2:00 PM Craft and Color <i>Holiday Gift Tags</i> 11:00 AM - 3:00 PM	11 Cafe Game Time 11:00 AM - 4:00 PM Chair Yoga with Chelsea 1:00 PM - 2:00 PM Mat Yoga with Chelsea 2:30 PM - 3:30 PM	12 Breakfast with Tonya! <i>We want to hear from you</i> 10:00 AM - 11:00 AM Cafe Game Time 11:00 AM - 4:00 PM Movie and Popcorn: <i>Home Alone (1990)</i> 1:00 PM - 3:00 PM
15 Chef Travis Holiday Food Extravaganza: <i>Bring a friend and learn how to make cooking fun for the Holidays.</i> 11:00 AM - 12:00 PM Just for Fun Games 1:00 PM - 3:00 PM Medicare Mondays: <i>Review Your Plan</i> 2:00 PM - 3:00 PM	16 Crafting for a Cause 11:00 AM - 3:00 PM Age Related Eye Condition with Pearle Vision and Chris Moran 1:00 PM - 2:00 PM Cafe Game Time 11:00 AM - 4:00 PM	17 Jazzercise with Chelsea 10:00 AM - 11:00 AM Craft and Color <i>Cork Christmas Tree Ornament</i> 11:00 AM - 3:00 PM Review Your Medicare Plan with a Professional 3:30 PM - 4:30 PM	18 Jingle Mingle Wrapping Social <i>Bring in your gifts to wrap</i> 10:00 am - 2:00 pm Cafe Game Time 11:00 AM - 3:00 PM Chair Yoga with Chelsea 1:00 PM - 2:00 PM Mat Yoga with Chelsea 2:30 PM - 3:30 PM	19 Celebrate the Holidays with Astrana: <i>Cookie and Gingerbread Decorating</i> 10:00 AM - 11:00 AM Cafe Game Time 11:00 AM - 4:00 PM Movie and Popcorn: <i>The Polar Express (2004)</i> 1:00 PM - 3:00 PM
22 Medicare Mondays: <i>SCAN Medicare Advantage Review</i> 10:00 AM - 11:00 AM Homegrown Holiday Social: <i>Food, Games and Santa</i> <i>Bring a friend and join us for a fun day of festivities.</i> 1:00 PM - 4:00 PM Just for Fun Games 1:00 PM - 3:00 PM	23 Coffee with Member Services: <i>Open Table for all Members</i> <i>Bring your questions and get answers from a professional.</i> 10:00 AM - 11:00 PM Crafting for a Cause 11:00 AM - 3:00 PM Cafe Game Time 11:00 AM - 4:00 PM	24 	25 	26 
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